



June 2024 courses



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
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2 ● Ease Mama Retreat	3	4 ● Prenatal Breastfeeding	5	6 ● Parent-Infant Communication Series (3 weeks)	7 ▲ Infant Massage (4 weeks)	8 ● Childbirth Education
9 ▲ Partner Massage	10	11 ▲ Mothering your Mind (5 weeks)	12	13	14	15 ● Childbirth Education
16	17	18	19	20	21 ● Cesearen Core Reborn - Group Physiotherapy (contact for more details)	22
23	24	25 ▲ Push Prep 101	26	27	28	29
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For more information or to sign up, check out our website or visit reception!

www.rebirthwellness.ca

- ▲ Hyde Park
- Central Ave