



June 2024 classes



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						1
2	Baby + Me Yoga Baby + Me Fitness Stroller Bootcamp	Stroller Bootcamp Prenatal Yoga Prenatal Pilates Baby + Me Fitness	Stroller Bootcamp Prenatal Yoga Baby + Me Fitness	Stroller Bootcamp Baby + Me Fitness	Mom Group	8
9	Stroller Bootcamp Baby + Me Fitness	Stroller Bootcamp Prenatal Yoga Prenatal Pilates Baby + Me Fitness	Stroller Bootcamp Prenatal Yoga Baby + Me Yoga Baby + Me Fitness	Stroller Bootcamp Baby + Me Fitness	Mom Group	15
16	Stroller Bootcamp Baby + Me Fitness	Stroller Bootcamp Baby + Me Fitness Prenatal Yoga Prenatal Pilates	Stroller Bootcamp Baby + Me Fitness Prenatal Yoga Baby + Me Yoga	Stroller Bootcamp Baby + Me Fitness	Mom Group	22
23	Stroller Bootcamp Baby + Me Fitness	Stroller Bootcamp Baby + Me Fitness	Stroller Bootcamp Baby + Me Fitness	Stroller Bootcamp Baby + Me Fitness	Mom Group	29
30						

For more information or to sign up,
check out our website or visit reception!
www.rebirthwellness.ca

Hyde Park
 Central Ave

Outdoors, various locations
 Fitclub Bootcamps